

DOWNLOAD PDF WIFESTYLES ; THE ULTIMATE GUIDE TO A SUCCESSFUL MARRIAGE

Chapter 1 : The Ultimate Marriage Proposal Checklist | The Grant Mag

*Wifestyles ; the Ultimate Guide to a Successful Marriage [Glynnis Walker] on racedaydvl.com *FREE* shipping on qualifying offers.*

May 16, 2 Comments Do you and your partner avoid money discussions because it tends to create too much tension in your relationship? Or maybe you do try to address money issues as a couple, but it always seems to end in a fight followed by a door-slam. If you are both on the same team, the odds are already in your favor! My biggest piece of advice in this type of situation is always to get that other person on board with the plan. Couples are at a huge advantage when they both acknowledge a need for change and are willing to work together as a team. Talk about your money on a regular basis A successful partnership means checking in with your partner on a regular basis. This is the time to discuss everything money related. Avoid bickering about minor financial issues from day to day; instead, you can jot it down and address it at your money meeting. Choose a location outside of your home such as the coffee shop up the street. It will be up to the two of you to decide how much time you realistically need and how often these meetings should take place. And that means you both must avoid rehashing past mistakes no matter how tempting. Some of us simply find it easier to recognize where others have messed up rather than look at ourselves. Others find it easier to hyper-focus on all of the things they did wrong. They prefer to spend hours apologizing for past mistakes rather than discussing an actual solution and then taking action to turn it around. It makes no difference which of you is more at fault here because the problem still belongs to both of you! Remember, the blame game will not bring you any closer to a solution. Blame triggers negative emotions such as shame, guilt, and anger. So if your goal is to end your meeting with a huge fight and no real progress, then let the blame games begin. Do you really want to spend more time running in circles, arguing about the same old junk from the past? Or, are you ready to accept where you are and start moving towards a solution? Play fair and be willing to compromise on some things A budget will not work unless it feels fair for both of you. A realistic family budget should include some room to meet individual needs. Be willing to compromise on some things and make sacrifices for the greater goal of creating financial stability and a better future for your family. If your needs are not being met, you will start to resent your partner and this will keep you both stuck. Be willing to meet somewhere in the middle on some things. Do not hide spending or lie to your partner about the finances. You are a team, and your relationship must be based on a foundation of mutual trust and respect. If you are willing to work together, that is half the battle. Seek additional help from a Financial Counselor Not sure what to discuss at your money meeting or where to start? LSS Financial Counseling offers free debt and budget counseling for both individuals and couples, too! We can help you create an action plan for reaching your financial goals and conquering your debt. Take action today to improve your financial future! Want to read more about money and relationships?

DOWNLOAD PDF WIFESTYLES ; THE ULTIMATE GUIDE TO A SUCCESSFUL MARRIAGE

Chapter 2 : The ultimate guide to successful marriage - 10 useful rules

Wifetypes ; the Ultimate Guide to a Successful Marriage 1 edition By Glynnis Walker Wifetypes ; the Ultimate Guide to a Successful Marriage.

But the decision making is just starting. But you will be wearing this wedding ring every day for the rest of your wife. You need to know how to get one, and which one to get. Rings were also fashioned out of precious metals in many religious ceremonies, featuring ornate decorations or engravings of religious verse that would symbolically bind the couple together. Platinum, Gold, and Others As with engagement rings, wedding bands come in a range of different materials. There are of course the traditional metals like yellow gold, white gold, and even platinum. For these wearers, metals like tungsten or titanium are a good bet. Even bands made of rubber or carbon fiber are great options for outdoorsy types. If you want to add some bling, you can also opt for a ring with a diamond set in it, to match her ring. **Wedding Band Shapes** The shape of your band is important in terms of how comfortable it is to wear. Most bands have a domed shape, in that both the interior and exterior of the band is slightly rounded. This is also known as a comfort fit, or court band. But there are other combinations, such as a domed interior and a flat exterior, a flat interior and domed exterior, or flat interior and flat exterior. Each creates a different aesthetic, and each feels different on your finger. Some guys may shy away from narrower rings, which have a more delicate, feminine look. On the other hand, wider rings jut out more, which can take some getting used to. Some guys may find it a little too ostentatious. **Wedding Band Metal Finish** Wedding bands come in a range of different looks and finishes. The most common are brushed or polished finishes, though there are plenty of others like hammered, satin, and plated that can give a more personal, fashionable feel to the ring. These typically add a bit more onto the price tag, and need to be refurbished every few years or so, but adding a unique finish can also help disguise any nicks or scratches that may appear larger on a flat or polished finish. But there are also architectural touches that can further enhance the style. Options like adding milgrain detailing, cutouts or small diamond insets allow you to personalize your band for something truly original. The danger with getting too elaborate in your wedding band styling is that design trends change or fade away, and what looks fashionable at your wedding may look dated by your fifth anniversary. Also keep in mind that your wedding band needs to be able to withstand a certain wear and tear, and more elaborate rings will be more difficult to mend due to their specific and artistic qualities. **Real Life Considerations** Always remember: People working in factories or construction may want something more durable or scratch-proof like tungsten. For people working in more specific settings, be sure to ask your jeweler or experts like us about what metals may be best suited for you. You can start by returning to the same jeweler from which you bought the engagement ring. Between the major sites like James Allen or Blue Nile , there are plenty of great opportunities to find a quality band without breaking the bank. You can also search on sites like Etsy or custom sellers for something unique and affordable. **Bottom Line** You will presumably wear this band for the rest of your life, so make sure the ring fits:

DOWNLOAD PDF WIFESTYLES ; THE ULTIMATE GUIDE TO A SUCCESSFUL MARRIAGE

Chapter 3 : 7 things that would make a man want to marry you | Kenyan Eye

Wifestyles ; the Ultimate Guide to a Successful Marriage by Glynnis Walker, , Seal Books edition, Hardcover in English.

Share on Facebook Share on Twitter Marriage is probably the final phase of any successful love journey. It commences with a few shy glances here and there, initiation of conversation and then later, some basic rules of engagement such as a trip to the theater and the mall. Once the couple has decided they are compatible enough, they take it to the next level. The final stage of their love story culminates with marriage. Men stress over regardless of whether they will have the capacity to help you, keep you glad, maintain intrigue and so on which is the reason they stay away from marriage and dodge the dedication subject. In the event that you need him to wed you, let him realize that all that he is doing well now, is precisely what is important to maintain you later on, so he sees he is genuinely satisfying and satisfying you and quits stressing over being not able, in light of the fact that he would see he as of now is able. Regularly give him space: Every guy wants time alone. Do it naturally, and he will appreciate you and think you are marriage material. A person would not generally like to need to bring up everything that you are fouling up or your imperfections or oversight. Since you are absolutely careless of them and need to ask him what is off base. Evaluate yourself routinely to promise you are improving and are pushing ahead inside. Accept responsibility in a fight: Every relationship has its moments where they are disagreements and fights. The difference between a healthy relationship that encourages a man to marry you, and an unhealthy marriage that pushes a man away is this: Learn to take criticism: Men criticize to see improvement, and they do it in order to try to help you see things in a different light. They also criticize to try and show you a solution or a better way to do something, if they see you are struggling. If he values privacy in certain areas, observe it. He wants someone who can challenge him in all kinds of ways, such as challenging him to change or be better, challenging him to keep your interest etcâ€¦ This keeps him glued to you, instead of having him interested in other women.

DOWNLOAD PDF WIFESTYLES ; THE ULTIMATE GUIDE TO A SUCCESSFUL MARRIAGE

Chapter 4 : 5 tips for managing marriage and money

Normally it is common to think that love and sexual passion are the key ingredients for a successful marriage. But my opinion is that having a successful marriage is far more complicated than that. The best way to have a successful marriage is to understand the secrets of what makes a long-term marriage work.

The interpretation given below is my own. I am not a trained Bible scholar, nor a pastor. Below are some of my personal reflections that have been personally acquired in my 30 years of marriage as well as nearly 20 years of working with couples in a psychotherapy setting. Long term committed relationships are not easy to maintain because relationships reveal the best and the worst in us. It is the unconditional love that we show to our spouse, and it is unselfish and serving. It is also showing yourself unconditional love, validation, and acceptance so that you can extend the same to your partner. It is being able to confront each other, to have good boundaries, to refrain from enabling unhealthy behavior, while maintaining a strong sense of self. Happiness is an emotion that is often based on external circumstances. It is a response to knowing that God is working in our own life, that he has a plan for us. It is knowing we are loved by Him and we can therefore love ourselves. Joy is a decision and a byproduct of having our identity come from that which is internal, not that which is external. Peace is an inner stillness that we have in the midst of chaos and conflict that is a result of knowing we are loved by God and that He has our best interest at heart. It is the ability to calm our own anxiety and not shift that responsibility to our partner. Joyce Meyer said it this way: It is having the patience to be in good relationship with others, and in good relationship with our own self. It is tolerating being uncomfortable and knowing that growth in relationship and self will ultimately come from discomfort. Kindness is a powerful display of self-regulation and leadership. It is being able to challenge a tendency toward a prideful personality. A person who has a strong sense of self is able to be flexible and to adapt to the needs of their loved one. Goodness reflects the heart and character of a person. A good deed motivated by righteousness and a desire to be a blessing is different from the same good deed motivated by manipulation, blame or guilt. When we respond to our spouse with wanting to do the right thing, and act out of compassion and love, we demonstrate goodness. Faithfulness in marriage implies a deep sense of integrity and character. Selfishness, hypocrisy, and apathy have no part in faithfulness. Gentleness Gentleness is not weakness, but power. Gentleness is intentionally demonstrating a mild temperament and proceeding with mercy, humility, compassion, and empathy. Just like kindness, gentleness is a very powerful trait. It is not showing hardness, roughness, and impulsivity. Gentleness forgives, is kind, and acts without hostility and resentment. Will power is about connection to a behavior. Self-control is a connection with self. It is the ability to manage our emotions, to restrain and have good boundaries for self. It is having empathy for ourselves and the ability to meet our needs by providing what is best for ourselves. You just might see a difference in yourself and your relationship.

DOWNLOAD PDF WIFESTYLES ; THE ULTIMATE GUIDE TO A SUCCESSFUL MARRIAGE

Chapter 5 : The Plunge Guide To Weddings Bands | The Plunge

Talk to each other about everything, what bothers you and what bothers him, discuss everything and your marriage should last a lifetime. Even when you have nothing new to say, talk about your day, about your dreams, about your plans for the future. Communication will keep your marriage alive.

Periods of stress, boredom, and poor communication are part of the course. But the work of marriage is not like cleaning the toilet and taking out the trash. The effort that goes into a successful marriage read happy, functional and fulfilling is the type of work that can be fun and therapeutic. Read on to know their 15 tips for a successful marriage. In order to be happy in a relationship, we must be happy first. That is, in fact, the key to a successful marriage. With that in mind, wives and husbands must continue to take out time for themselves, enjoy their personal hobbies, and in general, spend some time apart. Not only does absence make the heart grow fonder, but in the time we spend alone, we get to reunite with our spiritual side, re-establish our sense of self, and check in with the progress of our personal preferences, goals, and achievements. Being dependent, on the other hand, weakens your resolve and ability to move forward as a free thinker. When we maintain our independent sense of self, we will always have something to talk about at the dinner table, and we are forever stronger, healthier, and more attractive to our partners. Be a good listener While all women should work in the art of active listening, we emphasize this as an area of special attention for men. Too often, men do not realize that all their partner needs from them is a listening ear. This is due to their programming and the way in which they are taught to relate to others. Remember that listening and hearing are not the same things. Listening involves our hearts. Open yours, hear what she says, look at her while she speaks, paraphrase even, and reassure. Listening is the real key to a happy marriage, for that matter, to every relationship 3. Agree to disagree Being good together does not mean that couples agree on every little thing. Most of the couples we interviewed actually had varying attitudes, opinions, and belief systems; and even held opposing views on major areas in some cases. All couples should have some level of disagreement somewhere. Successful, loving couples respected the point of view of one another and even had a sense of humor over their points of contention. This was developed of the concept in psychology that each individual has his or her own unique way in which they communicate love. Observe the physical way in which your partner shows love. This could be, washing your car, or picking up the kids. From her, it could be keeping the toiletries stocked and ironing his shirts. For others, its words, letters, and affection. Understanding love language is the secret to a happy relationship. Acceptance A major relationship killer, lack of acceptance is a trait more commonly attributed to women, who are known for their nagging. Remember, we married our spouse for who he was then, and who he is now. When urging or persuading him, you are only focusing on his weaknesses or problems. Change your perspective immediately and start focusing on positive traits instead. Take responsibility It is that easy and one of the secrets of a successful marriage. When you participate in a project, take responsibility for your successes and your failures. When you and your partner have a disagreement or argument, remember to take responsibility for your actions, including anything you did or said, especially if it was hurtful, unthoughtful or created adversity. Never take one another for granted Taking one another for granted may be the most toxic pathogen of all. Once they are comfortable, it is easy for couples to begin to slip into a complacent state and expectations form. This is actually only a matter of human nature, as we get comfortable with what is familiar, but in marriage, you absolutely should never come to a place where you take your partner for granted. Pledge to respect your partner indefinitely no matter what. Avoid assumptions, and offer to do nice things for your partner whenever possible. Date night Among the other tips for a successful marriage, this tip is the most ignored and overlooked by couples, especially those who have been married for a while. It does not matter what a couple does on their date night. Simply having a night when they spend their time just with each other strengthens the bond and maintains it over time. When you have a date night, you should turn your phones off and put them away so you are free of distractions. Watch a movie at home with popcorn or go

DOWNLOAD PDF WIFESTYLES ; THE ULTIMATE GUIDE TO A SUCCESSFUL MARRIAGE

hiking or rollerblading together. Change it up often and be helpful and positive for one another. Add romance Romantic acts can be many – try giving her a flower someday or place a love note in his briefcase or backpack. Surprise him with his favorite meal, or watch the sunset together. Keep intimacy alive Sex is very important to a healthy marriage. We suggest keeping it interesting by talking about what pleases you and adding any fantasy role-playing, positions, or bedroom props you may want to introduce to keep it exciting. Stay positive, and keep track of what your spouse does well. When the going gets rough and his not-so-great attributes come forward, rather than focusing on the negative, try switching gears, and point out the positive stuff instead. We often just use anger as a disguise to protect our vulnerabilities. Let go of the fantasy Unfortunately, we are socialized to believe in fairytale endings and we may carry some false perspectives on reality with us into adulthood. We need to recognize that, while marriage can be a beautiful thing, it is not effortless, nor will it ever be perfect. Have realistic expectations and do not fall victim to the fairy tale – you may find yourself sorely disappointed. Do not control Married people often come to a place where they start to lose themselves, they give in to jealousy or feelings of inadequacy, or they forget that they are separate people away from their partners, and they may they may try to control their partners. Most of the time this is done inadvertently, as expectations may grow over time. Communication, independent time, and healthy indulgences will keep any couple on track. If you sense you are being controlling or are the controller, get a handle on it or make an appointment for a family counselor. Couples that use the D-word or talk about separation during fights use this as a control mechanism. Couples using it in a threatening way are more likely to see Divorce come to fruition. Most happy couples swear by these successful marriage tips. Follow these tips on how to have a successful marriage; you will not only be able to save your marriage but also be able to enjoy a highly successful one. How great is your marriage?

DOWNLOAD PDF WIFESTYLES ; THE ULTIMATE GUIDE TO A SUCCESSFUL MARRIAGE

Chapter 6 : 15 Key Secrets to a Successful Marriage | racedaydvl.com

"How to Be a Good Wife - The Ultimate Guide to Keep Your Marriage and Your Man Happy" shares the story of how I changed every area of my life, along with the specific strategies and methods that will change your life also.

Oct 08, Norma rated it liked it Great read on how to fight for your marriage and be that wife he dewservices I felt like this was a great read, short,sweet and to the point. You could tell that the author was very knowledgeable on the topic. I would most definitely recommend it to others Jan 20, caguirre06 rated it it was amazing My Ten Commandments after reading this pretty basic rules that actually make sense. My ten commandments to marriage after reading this. Apr 11, Rebecca Preston rated it it was amazing Excellent Excellent and practical book to being a Godly and loving wife to my husband. It gave me concrete ways to foster my marriage. Aug 17, Melissa Brown rated it it was amazing Good Good read with good tips. I would recommend this to others even a new wife could benefit from the tips. Sadly we take each other for granted and play the blame game and never acknowledge the fact that we play a role The book taught me to put my husbands needs ahead of mine in an effort to change his outlook on life and considerations of me. Jan 07, Parent rated it it was ok Gives conflicting advice The author started to lose me when she said men are a bit slow. I did complete this booklet but I found no really useful information. I am concerned that the author states that once you are married your body also belongs to your husband. This booklet could also use a good editing. I enjoy reading marriage books They keep me on my toes This was a wonderful read.. Mar 16, Stesha Nickole rated it it was amazing Hope it helps! Jan 10, Brittani Rose rated it it was amazing Quick, helpful read Great tips for those looking for a quick read. Feb 23, Daniel Lovett rated it it was amazing Awesome Short but effective read. I was able to examine myself instead of looking at his flaws. I would definitely recommend it. Nov 04, Melissa Baublitz rated it it was amazing Good advice!

DOWNLOAD PDF WIFESTYLES ; THE ULTIMATE GUIDE TO A SUCCESSFUL MARRIAGE

Chapter 7 : Wifestyles ; the Ultimate Guide to a Successful Marriage | Open Library

A Successful Marriage. The way couples perceive, improve and strengthen their relationship has surprisingly changed over time. A successful marriage is pretty much like a Car. When it is new it hardly needs any work, looks great and will last a while until it slowly begins to wear. It could go out of style too.

A successful marriage is pretty much like a Car. When it is new it hardly needs any work, looks great and will last a while until it slowly begins to wear. It could go out of style too. When things start to break down in a marriage, it is time for rejuvenation. The sooner you realise this, the better life gets for you and your partner. Read this ultimate guide on how to strengthen your bond with your partner. Sometimes you can read all the books in the world and you still fail to mend a broken relationship. Sometimes just a small thought provoking article revives you and gives you all that positivity and hope. This has to be one of the best self-help books out there. His research and years of study on couples make his work so much satisfying and reliable. There are some widely known myths about marriages that have done more harm than good. This is such an unsound and defective belief system and quite delusional if you ask me. Yes, they are two different genders and so there are bound to be differences. For me, marriage is a deep-rooted friendship. I have been married for 9 years now, every time I come back from work I have to go through my day with him without even him asking me about it. Human nature is such that people judge and form opinions. I love my partner too much to shatter his image in a moment of heat and allow anyone to form an impression about him. If he does, at any point, feel that I am getting hysterical, he will say so without beating around the bush. I know him, and he knows me. I believe that the couples in a marriage are like two boards leaning on one another. If one leans over too hard, the other will fall over. We continually are practising this balancing act every day. Might seem a bit unrealistic as human nature is such that anger is an automated response when you are agitated. Just like you learn different skills in life, it is absolutely vital for you to learn to deal with your emotions in a better way. It all boils down to the fact that if you love someone, you will go that extra mile to calm yourself down. It is inevitably the rough waters of life that you go through, that are meant to turn you into a smoother, shinier stone. Never stop learning, and never stop improving. You are both in it together and both need to make it work. It is not me against you; it is us against setbacks in life, us against miseries, and us against the storms. You could be doing this without even realising it. See what this means: You are justifying your position rather than listening to your partners complain. You continue to talk while she is upset. You walk away while your partner is fuming and angry. You tell your partner to not feel the way they are feeling. If you are someone who I am talking about, come out of the battlefield and hear your partner out. You might be able to rescue your love. Taking your argument as the end of the world signals a shaken marriage. A few more of these conflicts will eventually result in a divorce. Everything has a solution. Things do work out, the pieces do fall into place and life does get better for most people. Bring that ray of optimism in your relationship when you have had an argument and laugh it off. Be thankful and feel blessed. Maybe you were just stressed and you let the heat out. From the once really committed and exciting couples, you have now started leading your own life and have fallen apart. There are so many couples I know that are already doing this without even comprehending it. You are a lonely person and something needs to be done about it. You cannot just be involved in your own endeavours, tasks, chores and concerns. You have already withdrawn from one another and still say that we are together. You began growing apart in subtle ways and now as soon as you realise, you need to subtly narrow the distance and talk to your partner about being in it together and finding ways to revive. Keeping The Spark Alive If you have come this far and read this article, I bet you have a healthy relationship, been together for a few years now and are sensible enough to be looking for ways to keep the spark alive. Life will not stay the same in a long term committed relationship. The passion is bound to decrease, the heat will eventually simmer down and you are not going to be the same person you were a few years ago. Your passionate love is now just a companionate love and sex is just a physical need. Sex, in a long-term and committed relationship, involves

DOWNLOAD PDF WIFESTYLES ; THE ULTIMATE GUIDE TO A SUCCESSFUL MARRIAGE

the same partner every single day. No human can maintain the same fervour or avidity that existed when the love was unexplored and new. Once you have let this sink into your thought process, it is time for us to navigate into how you can sensibly keep the spark alive. Clearly, just two pointers should be enough to start servicing your relationship. How you communicate with your partner will speak volumes of your relationship with them. His twist is quite unique and I would love to share this with you. These little moments add up and keep reminding them the love they share. According to Dr Gothman, this is more like a verbal touch, it is like telling your partner that I am in the same space as you and aware of your presence. If for instance, the husband ignored the bid, this draws from the account, and lowers the deposit, there are more chances of conflicts lurking in. It will also liven up the spark that we are looking for in a relationship. You had a stressful day at work, you were really busy and you came home to find that your wife also had a stressful day and she was also very busy. What do you do? You must respect the fact that you have both come in shattered. Appreciating your partner for understanding you is absolutely vital. In this day and age when most women have come this far and have entered the male workforce, they still want to be acknowledged, it is not seeking attention, it is demanding for what is rightfully hers. Appreciation and paying attention to little clues of love is an ever-evolving process that needs to be in every relationship, no matter what. If you say that you are a busy person, you will have to be prepared for the consequences that come with under-appreciating you partner or not giving them the kind of attention they are longing for. Although women are not exceeding men, what is worth observing is that when a woman cheats, it is for emotional intimacy and appreciation whereas when a man cheats, it is for physical pleasures. Why would you let someone you love so much, slip out of your arms just because? I hope this article is an eye-opener for some of us. Let us all now get off our gadgets and start working on the love that we once had. Excuses will always be there, Life will always be hard. Let us incorporate love and understanding into every fold of life, come what may!

DOWNLOAD PDF WIFESTYLES ; THE ULTIMATE GUIDE TO A SUCCESSFUL MARRIAGE

Chapter 8 : Wifestyles ; the Ultimate Guide to a Successful Marriage (edition) | Open Library

In marriage, there should be no room for falling out of love or divorce. This is actually the ideal situation, but with the increasing rate of marital issues and divorce rates, you should start safe-proofing your marriage. Start Having An Awesome Marriage Today! Read on your PC, Mac, smart phone, tablet.

Normally it is common to think that love and sexual passion are the key ingredients for a successful marriage. But my opinion is that having a successful marriage is far more complicated than that. The best way to have a successful marriage is to understand the secrets of what makes a long-term marriage work. Happy couples have realistic expectations, both about relationships in general and about their relationship in particular. Here are 10 truths for making your marriage a lasting one: Keep intimacy alive This is the first and most important rule in the marriage. Sometimes, people should be reminded of what is their obligation in order to get what you need. Have daily briefings for improved communication Everyday communication is essential. Instead, you can talk to each other how your work day pass by and that is enough. Keep your marriage alive by talking to each other. We are all living busy and fast lives, but you can agree for example on one specific day in the month that can be all yours and you will spend it together. Be a good listener And again. Communication and listening to each other will bring a lot more understanding and happiness in your relationship. Learn and grow together You must do things together. Whether is traveling, working together, going to concerts e. Know how to compromise Compromising is definitely necessary substans in one successful relationship. So be patient and try to compromise. Accept that there are ups and downs Like in everything in life, relationships are combined with good and bad moments. You should support eachother in every life situations. Bring the best YOU to the relationship Be happy. That is why your partner choose you in the forst place, right? For yourself and nobody else. Hang in during bumpy times Be supportive to one another and present in every rough life situation, so later on you can celebrate together the good things life is bringing.

Chapter 9 : The Ultimate Guide To A Successful Relationship Marriage-Get Self Help

The Ultimate Happy-Marriage Checklist. Saying "I do" is the easy part, but with these 10 expert tips, relationship maintenance hardly feels like work.