

## Chapter 1 : Walking in Cornwall - 40 day walks along the coast and€! - Cicerone

*Walking in Cornwall All the information you need to get walking in beautiful Cornwall. Sponsored walks If you have a sponsored walk coming up, just let me know and it.*

Keeps you on track, gets you to the car park to start. We have done 5 walks now and loved all of them! We used this on holiday and loved it We never would have found such interesting routes on our own. A whole new Cornwall. We are loving this app, which is showing us all sorts of new places in Cornwall. It does need you to have a fully charged phone and to manage your battery usage but it even tells you how to do that. Our dog in particular is thrilled! Excellent, well mapped walks of various lengths and ability. Very interactive and love the local information. No coastal path for our last day in Cornwall, but a beautiful walk using iwalkcornwall app - wonderful details of a route through many different terrains, Perfect for a terrible mapreader like me. Followed a great walk by iwalkcornwall yesterday, fantastic instructions and detail, thanks! This app is truly amazing! Used it for the first time today and trusted it totally Complete with turn by turn notifications and battery warning notifications! It also contains very interesting local history information!! It worked even while no mobile signal available through GPS I only wish I could use this app everywhere I walk!! Your walks are great and the app is brilliant! Done 13 of them so far and more to come! I can get lost going in a straight line but this app has enabled me to find routes I would never normally have found without getting lost. The directions are thorough and show every step of the way with useful information. I would highly recommend this for any leisure walking in Cornwall. Used your app for a few walks last week. I was very impressed indeed, clear concise directions, interesting local details with user friendly maps and swift warnings if deviating from the intended route. I have already recommended the app to a few people I met on the walks and several friends who enjoy walking. Brilliant made our holiday so special. Excellent navigation and interesting information on the way. Your walks are brilliant, I have lived here for 30 years but seen more of Cornwall in the last couple of years since discovering your app than ever before! Your app gives me freedom to walk without fear of getting lost!! So grateful to you. X Never been disappointed with a walk yet - love them, great routes, fab info along the way. Always telling people about your brilliant walking app. Thank you for creating so many wonderful, easy to follow walks in Cornwall. Keep up the good work: Thanks for all the hard work, the app is so accurate, my husband and I must get down from Devon to do some more. Very accurate directions and very interesting local information. We have found the walks we have already completed a fantastic way to see parts of Cornwall we would otherwise have missed. Looking forward to doing many more - keep them coming: Thanks for a brilliant service. This is an absolutely brilliant App. We used every day on holiday. Well done was so absolutely spot on made our holiday really enjoyable and we felt we discovered so much about Cornwall thank you. Fantastic app never missed a beat. This is such a great app! Just finished our second walk using it. Excellent app, we use it so much and have always had a brilliant time! A map, compass and guide book all in one! No doubts as to the way and the info bits turn what could be a route march into a lovely bumble taking time to look at all around if that is what you want your walk to be. Easy to use and fab. This app is really great, huge levels of detail and points of interest. My teenager loved leading the way, worth it just for that. Used this several times now and found it to be absolutely brilliant. Not only incredibly accurate but full of interesting information. A very cheap price to pay for a days entertainment. A friend in my Cornwall walks! Given us confidence to explore further afield.. No other app that I have used can compete with just how well this works. Perfect for walkers and strollers of all abilities. Fantastic way to get the family out and about. Takes you to places of interest and beautiful scenery. No doubt of having a beautiful stunning walk. This app is sensational. The tech works so well and it is unbelievably easy to use. It is really accurate and if you like walks then this is the best app by a mile. We will be recommending the app to others, too! Unbelievably accurate and easy to follow. Perfect route and directions. Directions are perfectly clear and it works without phone signal. It also gives you info regarding your walk remaining time and miles Cannot recommend it enough! Easy, accessible and accurate. Works perfectly and makes discovering new routes really easy. Even with no phone signal. Lots of interesting info about the walk on the way too. We

would just like to say what a great tool your app is for a couple in our 70s who are not that tech savvy. So much work must of been put into this. IWalk Cornwall is brilliant! We are fairly newbies to Cornwall and have joined a U3A walking group. The iWalk Cornwall app is brilliant for finding new walks for our group. We have also enjoyed exploring our new county with our dog, using the app. Well done iWalk Cornwall. Great walks, clear instructions, interesting local facts. Just used the app, brought the helland bridge to st Mablyn walk. Thoroughly enjoyed the walk and found the app itself to be fantastic. Spot on directions, and interesting facts along the way. Will be buying more walks in the future. I highly recommend this app I particularly like the bits of information on wildlife and the history of the area that it provides. Some of us thought we knew the area well and others were less familiar with the area. I was reminded of half forgotten facts and learnt some new stories too. I absolutely love it and recommend it to loads of people. What a fantastic app! Thanks to the app it has introduced my family and I to some great walks which has perfect concise instructions which are so very easy to follow. Thank you We love this app, we have seen parts of Cornwall that we would never have been to or even known existed! The information regarding tide times, footwear etc are very handy. I really enjoy using the I Walk Cornwall App. I go walking with a friend most weekends and we often use the app as it gives us new walks, clear instructions and lots of information. I absolutely love this app and have recommended it to so many friends - either local or just coming down for a holiday.

### Chapter 2 : iWalk Cornwall - quality circular walks in Cornwall

*Walking is one of the most popular activities in Cornwall and that's no surprise given the diversity of our natural landscape and Cornwall's Areas of Outstanding Natural Beauty (AONB).*

The Best Places for Walking in Cornwall this Autumn September 20th, Autumn is fast approaching – the temperature is cooling and the leaves are changing colour. This time of year may make you want to curl up on the sofa with a hot drink, but it is also a great time to head outdoors and explore the coast and countryside. Read on to see where the best places are in Cornwall for a walk this coming season.

**Lizard Point** An easy walk at the most southerly point in Britain is short and suitable for children and dogs, and much of the route is clearly signposted. Starting from the Lizard lighthouse, the route takes you to Lizard Point, where you might be able to spot seals in the cove below. Further along the coast path, you may be lucky to see Cornish choughs. When you get to Old Lizard Head, you can see out towards Kynance Cove to the west, and Shetland ponies and cattle graze on the coastal slopes. You can head inland after passing Old Lizard Head, following a path that will take you back to the lighthouse, or stay on the coast path a little longer.

**Glendurgan Garden** Glendurgan Garden offers a stunning display of autumn colour at this time of year, and there are other unusual sights and scents to come across on a walk. We suggest having an afternoon out in the garden, taking the time to walk along the paths and stopping to admire the plants. Some highlights include the Katsura tree, which originates from Japan and has bright colours in October. You may also notice the smell of candyfloss as you pass by the tree! The giant tree is one of the oldest in the garden and turns a lovely colour in October. The lovely yellow leaves will brighten even the dullest day!

**Trelissick** Bring your dog with you for a day out at Trelissick. The estate is dog-friendly, and there is a lot of space for the dog to play in. The cafe at Trelissick is dog-friendly too, perfect for when you stop for lunch. The estate has miles of woodland and open countryside to explore, and you can alter your walk based on time and ability. You can stroll through the parkland or take a long trek through the trees. In the parkland, livestock can be found grazing, so it is important dogs are kept under control.

**Penrose** Have a ramble through Penrose, making your way through a tree plantation and extensive parkland; the huge estate is lovely to walk through all year round. The route starts from the car park and takes you down the fenced driveway. As you continue down the drive, you will reach a Victorian bath house and the stream. Cross the stream over the footbridge and make your way into the woods, following the woodland path. From the path, you have views over the parkland, and you will end up on the drive again, looping back around and taking you back to the car park.

**Godolphin Head** up to the top of Godolphin Hill, which has views over west Cornwall. The popular walking route takes you past the Slips, a narrow lane with its walls covered in plants, then by old pits and mine shafts until you reach the old deer park. The area around Godolphin has a long history, dating to the Bronze Age, and you can see signs of the hundreds of years of human activity in the dips and dents beneath the gorse and heather. When you reach the summit of the hill, there are breath-taking panoramas of the area.

**Newquay** South of Newquay, between West Pentire and Holywell, the coastline is varied with beautiful flora, and you can view grey seal pups in the autumn months. The route is lovely all year round, as there are wildflower fields to see in the summer and migratory birds in the winter. As you follow the coastal path, you can see the sea crash on rocks below, and spy sandy beaches in the distance. Closer to Holywell, there is an Iron Age fort to stop at and explore, before the path heads back inland, as it circles back to the starting point of the route. If you enjoyed this blog, check out some of our others:

### Chapter 3 : Walking Holidays in Cornwall

*Cornwall: Padstow to St Michael's Mount. Small Cornish fishing ports, legends of Phoenician traders, pirates, coves and the pilgrimage route of Michael's Way, all feature on this self guided walking tour of Cornwall that immerses you in the history and local life of the area.*

How about Menorca for our 4th year? Thursday 16th May to Saturday 25th May. Check out the details. We have just walked on Dartmoor for the walking week and it was a hot one. Luckily on the top of the Tors we had some welcome breezes most times. So we go for and it will be the first week in July. Saturday June 29th - July 6th So let me send you a brochure. This e-mail address is being protected from spambots. You need JavaScript enabled to view it. I have two new walks I am looking at for and Crete has to be split up into East and West where I hope to introduce one week in each area. With two different sets of walks and local guides it will be a great single or double weeks of walks. Andalusia I will look at a ten day walking holiday covering two areas in the Sierra de Tejada and Almirajara and the town of Granada. Hello I am Paul Simmons the owner and principal guide of walkitcornwall. I am passionate about walking and how to interpret and enjoy the relationship between us humans and the landscape we traverse. The philosophy of walking as to why, how and where we walk and the creativity walking inspires. I have regular guests who have become friends, coming back year after year. Why walk in Cornwall? On all our walking holidays we walk 5 days at a leisurely pace of 1. Your informative and entertaining trekking holiday is guided by me Paul Simmons and abroad we have at least two guides. Getting to the very DNA of wherever we walk in the world, we immerse ourselves in the unique cultural heritage, flora and fauna, myths and legends, literature, geology and identity of where we walk. We walk, we laugh and share the walking experience. We walk five different areas of Cornwall. Isles of Scilly walking tour Let us send you a pdf brochure. Menorca Walking Holiday Latest News: Full programme of walks and special visits. A real gem of a walking tour. Check our webpage and This e-mail address is being protected from spambots. Corfu Walking Holiday dates for Corfu Wednesday October 9th - 18th for 9 nights 10 days. Wonderful walking staying in two hotels in Corfu town and Kassiopi in the north of the island. PDF is ready to be sent now!

### Chapter 4 : 10 glorious Cornish pub walks

*A circular walk from St Breward past the granite pillars of Devil's Jump to the 8ft Celtic cross and ancient churchyard of Advent at the foot of the moors, returning via the remains of the mediaeval village of Carwether to the Inn used by 11th century monks to build the highest church in Cornwall.*

Click to play Tap to play The video will start in 8 Cancel Play now Get Daily updates directly to your inbox Subscribe Thank you for subscribing See our privacy notice Could not subscribe, try again later Invalid Email A local flying club runs a popular wing-walking event at a Cornish airfield and invited Cornwall Live to participate. Reporter Charlotte Becquart decided to give it a go and this is what happened. It all started with these four little words, which I would regret soon enough. When the call went out for a reporter to participate in a wing-walking experience at Bodmin Airfield, I immediately volunteered. He made me sign a form, assured me that everything would be fine, and introduced me to Mike Dentith, chief pilot and owner of company Wing Walk Displays, in charge of the activity. Trying to smile while watching pilot Neil Parkinson perform stunts and loops during his test flight Image: Tom Last The pilot, who has more than 25 years of experience, took me to the briefing room with three other wing-walkers-to-be, who volunteered for Discover Hannahs, a charity based in Devon which provides all sorts of support and care to children and adults with a range of disabilities. I am not going to lie, the briefing was pretty worrying. Not going to lie, I was pretty worried during the briefing Image: Tom Last I eventually signed a form saying I understood the risks and nervously made my way to the airfield. Twenty minutes later I was strapped at the top of a yellow Boeing Stearman built in the s, clinging on to my seat, which seemed so tiny at the time, with pilot Neil Parkinson accelerating on the runway. Ground crew Joe, making sure I was safely strapped on to the plane Image: Tom Last The next thing I knew, we were flying. I was flying like a bird â€” a very clumsy one though. The fear was completely gone and all I could feel was euphoria. I remember watching the amazing landscape, Bodmin Moor from above, thinking that it looked unreal. Reporter Charlotte Becquart wingwalking at Bodmin airfield Image: Derek Boyce The flight lasted ten minutes, which is really not long, but great. I also had time to laugh at myself, feeling that I was drooling because of the speed and that my mouth was looking like that of those dogs who get their heads out of the car window. I had time to admire Bodmin Moor from above Image: Tom Last But, as soon as I landed and got my wing-walking certificate, I knew that I wanted to do it again. Wing-walking is a once-in-a-lifetime experience that felt completely safe the whole way through.

### Chapter 5 : The Best Places for Walking in Cornwall this Autumn | The Valley

*URSULA LE GUIN - WALKING IN CORNWALL This is a new edition of a poetry book by the American author Ursula Le Guin published in the mids, Walking In Cornwall. The poems are about a visit to Cornwall in the West of England that Le Guin made with her family.*

### Chapter 6 : Guided Walking Holidays Cornwall - walkitcornwall

*Self Guided Walking Holidays in Cornwall Almost completely surrounded by the sea, with miles of coastal foot path, Cornwall is one of the most popular walking destinations in England.*

### Chapter 7 : Dog walking in Cornwall | National Trust

*Walking In Cornwall is illustrated with paintings by Cornish artists Paul Lewin and Paul Evans, and includes images of some of the places described in Ursula Le Guin's poems. Born in in Berkeley, California, Ursula Le Guin is the daughter of the writer Theodora Kroeber and anthropologist Alfred Kroeber.*

### Chapter 8 : Where you can try wing-walking in Cornwall and what to expect - Cornwall Live

## DOWNLOAD PDF WALKING IN CORNWALL

*WALKING IN CORNWALL. Welcome to the Cornwall Online walking pages. Our aim is to create a definitive collection of walks throughout Cornwall; walks that reflect the full range of diversity that Cornwall has to offer.*

### Chapter 9 : Walking in Cornwall - sample route - Cicerone

*If you have ever fancied walking to the ends of the earth, this Self-Guided Walking Tour to England's paradisiacal Land's End is sure to suit you. The beloved county of Cornwall is a walker's haven of coastal vistas.*