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Chapter 1 : New Age Spirituality Articles and Metaphysical Book Reviews

*The Why in the Road - Soul Healing for Changing Times [Katharina Wehrli] on racedaydvl.com *FREE* shipping on qualifying offers. According to Sri Yukteswar's teachings on the yugas, evolution of human consciousness takes place through cycles of contraction and expansion.*

With her usual clarity and open heart, she offers a fresh perspective on transforming our own inner pollution for outer benefit. Pratt and Ingerman talk about how this book points us toward a new way of being in the world and offers the practices needed to support that change. This book is a call to action! Ingerman believes that the work begins by learning how to shift our daily thoughts and words. She encourages listeners to think of themselves as members of a growing global community of conscious change agents, who together can shift the challenges on the planet today. According to Ingerman, working as a global community we can bring forth the invisible energies and manifest a world we truly wish to live in. Christina Pratt is an authentic, non-traditional contemporary shaman. In practice since , she specializes in mending the soul and transforming the parts of life that feel impossible. A teacher of exceptional clarity, humor, and inspiration, Pratt brings the power of shamanism into the practical grasp of anyone willing to take responsibility for improving the quality of their life. Her well-received book, *An Encyclopedia of Shamanism* Rosen , is an page, two-volume set with over in-depth entries that clearly discuss the basic concepts of shamanism, methods, and traditions of over 50 different shamanic peoples. Pratt is the creator of the original Foundations of Shamanism and Shamanic Healing course at the University of Minnesota and a frequent and honored speaker for the American Holistic Medical Association. *How to Transform Personal and Environmental Toxins*. She is also the author of several lecture programs produced by Sounds True. Sandra lives in New Mexico and can be found online at www. The book outlines ways to release and dissolve limiting beliefs and to utilize ancient principles of creation and manifestation to usher in healing the planet. Larry Dossey, internationally renowned advocate of the role of the mind in health and the role of spirituality in health care, says about *How to Thrive in Changing Times*: Her wisdom emphasizes the power of consciousness, spirituality, and respect for the earth, and she has emerged as one of the most profound healers and guides in our culture. Heed her vision--for your sake and the sake of our planet. Eastern time on [http:](http://) Prior episodes from "Why Shamanism Now? For more information on Christina Pratt, the Last Mask Center for Shamanic Healing, and workshops and classes with Pratt, or to order *An Encyclopedia of Shamanism* at a special discounted rate, visit www. For additional information or to arrange an interview with Pratt, please contact Linda Woznicki, , lwoz@frontiernet.

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Chapter 2 : Wisdom of the Teacher in Changing Times | Why Shamanism Now

Book: The Why in the Road - Soul Healing for Changing Times. 36 likes. A new perspective at the crossroads of collective and personal evolution. Develop.

We are integrating more of our Divinity and living that on Earth. I would also use it interchangeably with Descension â€” its still the Higher Self integrating with the physical, but people tend to think of that as less lofty! Ascension is a journey of becoming free within yourself by recognizing your inherent Divinity and deliberately creating your world from that perspective. It is an emotional, physical, mental and spiritual journey. It is one traversed alone and yet by interacting intimately and openly with All life. It can be as simple as loving more and as challenging as loving more! Axiatonal Alignment â€” Our body has a grid system within it known as the meridian system that flows energy eastern medicine. Our body also has a grid system within the auric field known as the axiatonal system that flows energy. The axiatonal system connects us to an intricate and interdimensional grid system that is universal in nature. Activating this system will bring you into alignment with your universal purpose and revitalize your connection with the entirety of you. Tashira Tachi Ren was instrumental in bringing much of the work forward regarding the axiatonal system and Ascension. Other people do Axiatonal Alignments and call it different names. They will all work. I highly recommend getting an Axiatonal Alignment done if you have the desire to move forward into the wholeness of your journey or if you are a healer. This can be done via distance and is done in one session. To schedule an Axiatonal Alignment session, visit Services. Auric Field â€” The auric field is the space around your body that contains your Aura. This is an electromagnetic field and is truly an extension of our physical body in another range of frequency. People call this many things and differentiate it by many different levels â€” causal body, Ka body, energetic field, etc. It is a wonderful indicator of many different things about a person â€” health, disposition, integrity. The aura changes frequently. In other words, chakras are the transducers for your reality. They receive and emit signals based on what information is coming in and going out. We are constantly processing frequential information. If I feel like a victim within relationship, those frequencies will emit and their like vibration will respond. I will recreate victimhood in relationship until I change that vibration. I can emit victimhood in relationship, but no victimhood around money. There are far more chakras than pictured. These are the seven main chakras, and we have moved mostly into a 12 or 13 depending on the person main chakra system. We have minor chakras all over the body. Different chakras have a dominance for specific frequencies. Though we categorize and separate them, they are not as clearly defined as we tend to learn, they cross-over in function and work together. As shown in the picture, each chakra is defined by a color because the frequency of that color corresponds with the frequency of that chakra. A short description of each: We have moved into a more unified chakra system. Channeling â€” As with any information that you are presented with, discern it with the feeling that you feel in YOUR heart. If it does not resonate, do not accept it as Truth, and remember that Truth changes for you as you change. Channeling is a connection with Source that results in a transference of information that comes from a vibration other than the normal brain frequency used to formulate sentences by the channeler. There are essentially two types of channels: The conscious channels are awake and aware. The unconscious channels are just that, though the body is animated and the voice is speaking, the person is unaware of what is going on. The unconscious channel may be able to understand and speak any language. These definitions are too black and white to fully encompass what channeling really is, but it gives a general overview. Channeling has been used through the ages to access Divine Wisdom. The same way the Bible was written. I am a conscious channel. As I channel, I step aside and allow Universal Wisdom to formulate the sentences. I also receive packets of information that are too vast to be linearly channeled in words. It was a natural process for me, but the one I was most resistant to share in public. It began as I was working on clients. Sometimes as I was speaking to them in session, words would burst out of me. I channel many different energies based on what is most necessary to bring through the best

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information in the moment. Clairsentience â€” This is the ability to perceive physical feelings beyond normally accepted senses. For instance, you may think of someone that lives on another continent and feel a pain in your stomach. This is what they are physically feeling and the pain is replicated in your body. If you find this naturally happens, make sure you become very clear in your intention that you will not use your own physical body to clear things for people. Sometimes it is used as a clue from Source as to what is wrong with them, even though they may not be feeling it. For instance, I may be working on a client and suddenly I feel pressure on my lungs and I have a little trouble breathing annoying one, yes. This is my clue from Source that I am dealing with deep deep grief and I will know we are finished when I can breathe easily. I am not receiving inefficient oxygen, I am just getting a physical clue for interpretation. Collective Consciousness â€” We are participating in this life experience with about 7 billion other people. We have certain beliefs that we create as a collective, such as money. It is important to relate to the world as it is, while maintaining your internal focus on improvement, even if others would think it impossible or worthless. A perspective of Love changes everything for the better. Rapid, deep, joyful change and ascension. After many years of utilizing my own natural way of working and exploring other modalities and teachings, I found my personal path as a channel. I work deeply with the soul. My goal is to remove anything in the field that is blocking the client from the clear perfection of who they are. We are all perfect, just in need of some balance at times. Sometimes an issue balances quickly, sometimes it takes more of a learning process for you. As I work I channel Light Language, tone, emote and sometimes sit quietly. While I am not a psychic predictor, we will discuss the psychic impressions that come up during the healing and how to move forward with the new energy. Now is a time of personal empowerment as we hold more of our divinity within our physical body, so learning to create your life from within a space of Love is imperative. When Source gives a recommendation such as meditate, seek joy, go into nature more â€” it is a directive for your betterment. My passion is Ascension â€” stepping into the fullness of yourself so that you are living heaven on earth, and holding the power of Love within you so that you are emitting the Love frequency for yourself and those that need it. Crystalline Soul Healing is about helping you along that journey. I am not a guru. I do not want people to follow me. I have the desire to provide information and energetic clearing that will assist people in finding their path and wholeness. Your sovereignty and empowerment is my goal. It happens every session, whether in person or on the phone, whether in a group or one-on-one. Dharma â€” There are many different definitions for dharma. And when they think of being amazingly important and powerful many tend to associate it with fame, money and power such as that which a government can wield. Step into the full expression of your Love, and there you have dharma. If you love to paint, there is your dharma, let the fullness of you come through and you will find that painting has an effect on you, all those around you and all those that view your painting. Divine Order â€” Your Higher Self soul, oversoul, spirit guides your life according to contracts and experiences that are perfect for your personal evolution, whether fun or not. Divine order is the path that follows. Surrendering to divine order is like taking the fast track to your evolution. Easier said than done, because we are accustomed to taking action for results, controlling things or having a desired outcome. You are still creating your reality with your focus. Allowing divine order is not resisting the how and when. Ego â€” Too much, no good â€” too little, no good. Ego is a part of being human. We are experiencing separation and individualization and ego is the vehicle we use to journey back to Oneness. A balanced ego will recognize your strengths and weaknesses and will not have an attachment to either one. They will think you are crazy! Watching the emotional journey will help you to recognize ego. When you are feeling resistance that is the ego trying to hold onto power. It thinks it keeps you safe and alive.

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Chapter 3 : Changing Times Changing Worlds

"Soul Healing for Changing Times" gathers in one place a truly diverse universe of topics in order to prescribe the 'healing' or fulfillment I intuitively know I need.

They are disconcerting because of the massive environmental, economic, political, and personal imbalances. Simultaneously they are also exciting as they carry tremendous potential for growth. During these changing times it becomes important to focus on behavioral patterns that limit our receptivity to love and harmony with all people and the natural environment. Thus, healthy responses begin to emerge from within, and our consciousness expands in the realm of natural truths that respect all life. Human beings are equipped with the potential to overcome the cycles of life and death, growth and decay. Since the manifested creation is an invention of the Source, it is only fair that we, who are made in the image of the Great Spirit, should have a way to merge with that which created us. The soul is the infinite image of the Source within each human being. When we learn to identify with the soul rather than with the ego and the senses, we are on our way to enlightenment. Gradually, and with much perseverance we can advance on this path. Devotion is the vehicle that accomplishes the merging, provided that this is the most prevalent desire. Yet, the love for things, other people, and oneself as a finite entity is often stronger. This is because we are all so attached to what we perceive through our senses, that we take it as the only reality. On the leading edge of soul growth cultural and religious condition needs closer examination. Still, we are not able to advance smoothly on this path as long as we conceal or suppress parts of ourselves. How come many of us are in the habit of considering emotions less important than thoughts? The religious idea that humanity is separate from their Creator pervades modern religions. People have given away their personal power to outside sources. They learned that they were not good enough, that something was wrong with them to begin with. As a result people developed one of two subconsciously induced behaviors. Either they denied within their own psyche those feelings that were suppressed, while demonizing them in others, or they desperately tried to atone for what they sensed was unacceptable. Once these patterns are conscious, and we make a decision to change them within ourselves, the healing can begin. Over time our innate sense will develop in the direction it is intended and most beneficial for us. It takes us out of redundant beliefs reflected in emotional distortions. Then we see that there is nothing to feel guilty or worthless for, and that we have no right to judge or exploit others or the environment. In essence this is a vast, culturally complex, deeply psychological, and highly spiritual issue. It will take time for these concepts to become graspable. Ultimately, we are all in this together. When we behave accordingly, we help each other to evolve to the realization that we are already perfect. This is the merging the Source intends us to accomplish. Katharina Wehrli is a healer and teacher. Her practice is based on working with energy and consciousness transforming dynamics.

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Chapter 4 : events/announcements

The Why in the Road - Soul Healing for Changing Times by Katharina Wehrli starting at \$ The Why in the Road - Soul Healing for Changing Times has 1 available editions to buy at Alibris.

Here you will find events, open houses, introductory talks and services in the areas of Complementary Medicine, Energy Healing and Spirituality. The emphasis of this site is FREE to make it easier for you to explore, experience and evolve. Trust your inner guidance. Tina Mulhern, Calendar Editor at happenings creativechanges. These support groups meet monthly for 2 hrs for a five-month cycle. For more information, call This lecture deals with the center of the wheel. The topic is dead ends, and it includes releasing ancient, stuck, dead-end patterns. This series covers the basic principles needed to build a strong foundation in using the oracle. Please bring a copy of the I Ching with you. Space in this series is limited to 12 participants. Practitioners give and receive treatments for free. A form of life dissolves and that which is beyond form shines through. Becoming comfortable with not knowing. The first Friday of every month watch a movie with a deeper message, heart and soul with enjoy good company and healthy refreshments. For movie details contact, www. Set up at 6: Everyone is welcome to experience Sound Healing: This group experience includes both co-creating and receiving Sound Healing. Participants are encouraged to bring instruments, but prior musical experience is not necessary. At the Arlington Center, Mass Ave. All media and artistic disciplines are welcome. Class limited to 10 participants. Theosophical Society, 21 Maple Street, Arlington. Learn ways to ground yourself and clear your chakras for optimum health. Spirit Earth Healing, Massachusetts Ave. A variety of talks, discussions, panels, and practices to pique curiosity and expand awareness. We serve tea, coffee, soda, and tasty treats! All talks are FREE and open to the public. Lecture and Demonstration LuMarian, Sound and Vibration Acutonics , Reiki and Pranic are powerful energy healing modalities that reach us on all levels of our being; body, mind and spirit. This introduction will discuss the qualities of each modality and how and when each is most useful. Participants who desire it will receive a short treatment in any of the modalities they wish to experience. Clark is Steward of the Fraternity of the Hidden Light and renowned author of numerous books on the Western Mysteries. Human consciousness expands and contracts over a great length of time. Spiritual wisdom alternates with ignorance caused by materialistic attachment in a cyclic motion. On its journey through many lifetimes the soul tends to recreate and thus perpetuate the past. As consciousness awakens we can liberate from deeply ingrained, yet outdated, attitudes. How does being pro peace differ from being anti-war? We would love to listen to YOU! Clark conducts an inspirational Sunday service in the ritual tradition of a School of the Western Mysteries. These groups will assist you in your professional and practice development, and connect you with other healing practitioners. This session will look at areas that impact your health and what Feng Shui recommendations to consider. Lueders, LICSW Do you ever have a dream that grabs your attention so fully you just wish you could understand its meaning? For millennia ancient and indigenous people all over the world have actively cultivated dreams to inform their choices regarding relationships and life purpose. Through lecture and many examples, students will learn how to ask their dreams for advice and how to interpret personal dream symbols, and understand the multiple layers of meaning even one dream can offer. Caveats will also be given as to recognize a precognitive dream. Time is allotted for participants to briefly share some dreams if they wish. Beth combines her intuitive gifts with deep clinical knowledge to hasten personal growth and help clients develop their intuitive skills to promote happier, more fulfilled living. Facilitator trained with Dr. Through relaxation and peacefulness, you can pull this energy back in. Realize the "tools" you once used with expertise and find how you can use them again. Medicine is an art and you have a unique gallery. Jenny will lead the group in a Past life Regression. Jenny Lynn Metevia, M. She has studied with Sylvia Browne and trained with Dr. For more information please visit www. What is the scientific definition of life? Is this universe all there is? What drives the electromagnetic spectrum? We will begin each class with gentle yoga exercises and sometimes acting silly to

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expel some extra energy. Benefits to these classes include using our relaxation techniques to earn better grades in school, re-energizing and calming our children, building better relationships with peers and siblings, and much more! Please wear comfortable, non-restrictive clothing. We may go outside weather permitting. We create safety for healing by being playful, grounded and present. No experience necessary, instruction provided, all are welcome. Bring a favorite instrument or use one of ours. Circle is led by Mark Rosen who is a musician, certified reiki practitioner and a shamanic sound healer. Contact Mark Rosen at , lightwizardsounder yahoo. Learn ways to prevent your emotions from controlling your life. Come to enjoy the company of others, laugh stress away and get good exercise. With qualified laughter leaders, we practice comfortable and fun laughter exercises, good breathing techniques and gentle stretching. We are non-political, non-denominational, non-perfectionistic, non-competitive, and non-profit. We meet at Phillips Congregational Church, Mt. For more information please go to www. Healing Group meets at 7 p. Come experience the love, comfort and companionship of like-minded people in this wonderful, supportive healing group. And it is free!!! A forum of collective life wisdom through shared experience and understanding. Audio, video clips, book discussions and practical exercises fill out the gatherings. Call ahead to register. There is a 4-week minimum commitment. Sacred Spaces, Southborough, www. Please call before coming. To avoid the truth, we are constantly projecting our thoughts onto others. By owning our projections, we learn to forgive others and ourselves and experience true peace and happiness. A sacred map of inner growth, it shows us how to integrate body, mind and spirit and is a rich source for Ageless Wisdom practices like Tarot and Alchemy. You may use this class to begin a simple practice or to deepen and support an existing one. Receive individual instruction and experience collective energy as you move deeper into relaxed and alert stillness. Dharman Shakya, , or Howard Ritchie, Thursday mornings a. Meditation Class Series with Judy Royster. Deepen your experience of meditation with practices from eastern and western teachings. Center for Yoga Framingham, www. Thursday evenings ongoing 7PM. Eckhart Tolle Evenings Using the format recommended by Eckhart, we begin with a short silence, view a DVD of Eckhart speaking, followed by a short period of silence, then tea and sharing. Friday mornings ongoing AM. Meditation Sitting Brief guided relaxation awareness moves into calm silence. No pre-registration is required, just drop in. Blavatsky, founder of the Theosophical Society, wrote:

Chapter 5 : Healing Happenings {Boston Area}

The Why in the Road - Soul Healing for Changing Times by Katharina Wehrli. Earthlit. Paperback. GOOD. Spine creases, wear to binding and pages from reading. May contain limited notes, underlining or highlighting that does affect the text.

Chapter 6 : Wisdom of the Healer in Changing Times | Why Shamanism Now

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The Why in the Road. Soul Healing for Changing Times by Katharina Wehrli. Earthlit Press Paperback - pages. ISBN for book page.

Chapter 8 : eBook - Soul Realized | New Earth Central

The Why in the Road - Soul Healing for Changing Times by Katharina Wehrli Free presentation and book signing event

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Saturday, November 12th , 4 - pm.

Chapter 9 : The Healty Breast Guide - Katharina E. Wehrli - pocket () | Adlibris Bokhandel

Article on Natural Spirituality by Katharina Wehrli, author of "The Why in the Road - Soul Healing for Changing Times"
"Accepting Your Resurrection," by Christie Bates McKaskle Reviews on Books on Psychic Abilities.