

Chapter 1 : Home | Stepping Stones Sober Living

Stepping Stones To Recovery For Men and millions of other books are available for Amazon Kindle. Learn more Enter your mobile number or email address below and we'll send you a link to download the free Kindle App.

Nationally accredited State licensed Our treatment programs are designed to be individualized and patients are attended to by a multidisciplinary team of doctors, psychiatrists, nurses, clinicians, and therapists – all experienced and expertly trained in addiction treatment. Why Stepping Stone Center in Florida? At Stepping Stone Center, our reputation speaks for itself. We have helped thousands of people just like you to recover. Our alumni program is filled with graduates who are maintaining recovery while living a sober healthy life. This is a life-threatening disease and it is important to have qualified staff in an accredited hospital treat you or your loved one. Escaping from the worries that drug and alcohol use has inflicted upon you is freeing, both physically and psychologically. Stepping Stone Center provides the safe and loving community needed to help you focus on getting help. You need specialized addiction treatment to stop using drugs and alcohol and professionals to help you regain all that you have lost in addiction. Warm accepting staff will remain your source of support throughout your treatment. We are dedicated to helping you complete rehab and return home sober. Addiction is a treatable disease and you will get better. Going to addiction treatment takes courage. This is the first step to changing the rest of your life. Fear and trepidation of the unknown may paralyze you, keeping you from making the decision to go to treatment. Walking through the doors of Stepping Stone Center in Florida creates comfort for you, knowing that all your needs will be met while you are in our program. Take a break from trying to manage on your own. Our Location We are located in beautiful and sunny Jacksonville, Florida. Our modern facilities are designed to provide patients with every level of care. Unlike other treatment centers, Stepping Stone offers five distinct levels of care – from detoxification to intensive outpatient – in one convenient location. After completing detox and early treatment, patients can transition to our sober-living complex, The Villages, located just minutes from our detox facility. In our residential complexes, patients continue to receive close monitoring and the benefits of a therapeutic community, while easing the transition back to life outside of treatment. We have created a healing environment free of everyday distractions.

Multidisciplinary Treatment Approach One of the main differences between Stepping Stone Center for Recovery and other treatment centers is that we use a multidisciplinary approach to treating addiction. This means we draw from a variety of fields and treat addiction from various angles. Our staff is comprised of professionals trained and experienced in the clinical, medical, psychiatric, and psychosocial fields, providing a well-rounded and comprehensive treatment experience. For instance, dual diagnosis treatment requires addressing both substance abuse and mental health issues. We also have a full-time psychiatrist on staff. Your treatment plan is a constantly evolving course of action. The analysis combines the expertise of doctors, clinicians, and therapists, all trained and experienced in substance abuse. To that end, a patient will learn about destructive behaviors, destructive social interactions, and destructive emotional patterns. Our interdisciplinary approach provides patients with the education, tools, and support to return to their lives as healthy and productive family members and citizens. You should look for these distinctions when evaluating a treatment center, as they require that the entire organization be dedicated to providing the safest, finest, and most effective rehabilitation experience possible. They conduct a thorough, on-site review, covering everything from staff to quality of care to our facility. State of Florida License Numbers: Their Gold Seal of Approval tells you we meet or exceed their criteria for patient care. They, too, perform an on-site evaluation, as well as follow-up monitoring. Two Measurements of Quality Service Both our state license and national accreditation require us to: Provide the best evidenced-based treatment, care, and services Regularly improve patient care Maintain a comfortable, secure, and confidential environment for patients Ensure care is provided by highly trained and licensed staff Closely monitor and administer patient medication with care Strictly handle and maintain patient records with complete confidentiality Uphold patient rights at all times You can feel confident choosing a program that has passed extensive on-site evaluations and ongoing monitoring by both state and national licensing and accrediting bodies. They help inspire us to provide safe and effective care of

the utmost quality and value. Treatment Programs Specifically Designed for You While we believe that addicts and alcoholics are more alike than different, we do not believe in a cookie-cutter approach to treatment. We believe in a personalized, multidisciplinary approach to the disease of addiction, with special emphasis placed on spiritual and medical treatment. Everyone has their own story, including their own upbringing, their own life experiences, and their own history with drugs and alcohol. We have found the best way to care for an addiction is to uncover that story, looking for things like trauma, family problems, and consequences, and treating them accordingly. A Holistic Approach to Addiction Treatment We also believe that addiction is a disease of the mind, body, and spirit and that each piece requires equal treatment. Years of abuse can leave one feeling depressed or anxious, in poor physical health, and with a broken set of beliefs. Medical Based Model for Addiction Treatment Because addiction is a disease, we treat it like any other disease, which includes offering the best medical care available. Medication, specifically, plays an important role in our treatment program. Withdrawal from drugs and alcohol can be uncomfortable and dangerous without detoxification medication. In either case, medication is needed. A Spiritual Foundation Finally, we promote using the step programs of recovery because they work. Since , hundreds of millions of people have recovered from alcoholism and drug addiction thorough AA and NA. The main goal of these groups is to help alcoholics and drug addicts find sobriety and develop a personal relationship with a higher power however one chooses to define higher power , thus providing each patient with a spiritual foundation to deepen recovery. They have endured over the years because they help people recover their lives. Founded by compassionate people with a personal interest in helping others recover from drugs and alcohol, the owners and the board have invested heavily in our facility to constantly improve the program, attract the best employees, and ultimately, to help our patients. Because of that belief, we have adopted a medically based model for the treatment of addiction. We employ interdisciplinary teams of board-certified medical doctors, psychiatrists, and addiction nurses for the diagnosis, detoxification, and treatment of addiction and any co-occurring mental health disorders. Substance Abuse Treatment Provided by Experts in the Field Our therapists all hold masters-level degrees and must have extensive experience in drug rehabilitation and substance abuse treatment. We continuously invest resources to maintain a low patient-to-staff ratio, which allows us to give individualized care to all patients. We also have a case management team that handles discharge and aftercare, allowing our therapists to focus full-time on patients in drug rehab. Modern Treatment Facilities We constantly upgrade and improve our treatment center to improve patient comfort and treatment. We take pride in having a state-of-the-art treatment facility and program. By adhering to NARR National Alliance for Recovery Residence standards, The Villages is committed to assisting in the healing the lives of individuals, families, and communities by navigating them through their early recovery journey and providing a safe and secure environment. Get Substance abuse treatment today! If you have questions about the Stepping Stone Center for Recovery, or would like to speak with someone about a drug or alcohol problem, please call our hour Addiction Helpline at

Chapter 2 : Stepping Stones - Recovery Compass

The structure of the program is designed to house 12 men for a minimum of 6 months. The residents take personal responsibility to pay their rent which provides food and job placement assistance. Stepping Stones provides scholarship opportunities for up to two weeks.

Chapter 3 : Our Homes - Stepping Stones

Personal. Nurturing. Inspiring. Start Living Sober Today. Stepping Stones provides sober housing for men who desire to change their lives through step based recovery.

Chapter 4 : Stepping Stones | Sober Living

DOWNLOAD PDF STEPPING STONES TO RECOVERY FOR MEN

Read "Stepping Stones To Recovery For Men Experience The Miracle Of 12 Step Recovery" by Anonymous with Rakuten Kobo. This male perspective on the Twelve Step program offers insight into the unique needs of men through articles, reflectio.

Chapter 5 : Stepping Stones Sober Living Homes - Homes for Men

Stepping Stones To Recovery For Men: Experience The Miracle Of 12 Step Recovery by Anonymous This male perspective on the Twelve Step program offers insight into the unique needs of men through articles, reflections, and affirmations.

Chapter 6 : Alcoholism Drug Rehab Residential and Outpatient Programs TennCare

Listing Description. Stepping Stones is a recovery based, twelve step, transitional living for men. We're dedicated to helping men achieve a foundation in sobriety; to gaining the necessary skills to live a successful life.

Chapter 7 : Drug and Alcohol Addiction Treatment Center in Jacksonville, Florida

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Chapter 8 : Stepping Stones To Recovery For Men

This male perspective on the Twelve Step program offers insight into the unique needs of men through articles, reflections, and affirmations. It presents workable examples and ideas for positive personal and spiritual growth.

Chapter 9 : About Stepping Stone Center for Recovery, Facility Information & History

Recovery Program Stepping Stones provides services to men and women who are addicted to alcohol and drugs and seek recovery from that addiction as well as Christian principles.