

Chapter 1 : Canadian Rockies Cycling Vacations & Bike Tours

Cycle Canada Store. Cycle Canada offers a range of cycling accessories through our online store. Our line of Canadian themed cycling jerseys are recognizable throughout Canada and around the world.

Extending from Niagara-on-the-Lake, Ontario, to Quebec, this on- and off-road trail is perfect for rides short and long. Clara kickstarted her ride here! Depending on your mood and stamina , you can cycle as much or as little of the more than kilometre route along the ocean-like shores of Lake Ontario. Getting started on a bike trip requires a little prep but not a lot. Take some spins in your hometown to test your meddle, then research your destination of choice. Most provinces have cycle organizations that will be happy to suggest routes or even cycle buddies. National Geographic has named the newly completed and very well marked Route Verte Green Road the best in the world. Want to go that extra mile? A backpack filled with stuff is going to wear you down fast. Instead, pack what you need in a bar bag on the handlebars or old-school saddle bags strapped to your seat. Your back will thank you. Tackle it all in three to five days or do bits at a time. Then, shift through your gears until you reach a decent speed. The Confederation Trail was built on abandoned railway beds and takes you past rolling hills, woodlands and postcard coastlines that we guarantee will have you mulling Maritime real estate. Malpeque oysters freshly harvested from the bay. A helmet is de rigueur on any trip. Make sure yours fits right! It should sit level on your head and cover most of your forehead. The strap must be snug at all times. Tighten if you can move your helmet more than an inch in any direction. No one wants their two-wheel efforts to be defeated by a flat. Yukon The absolute best time to get out on your wheels in this northern province is around the summer solstice. At this time of year, daylight extends most of the night and the boost to energy and morale is bar none. Since most biking is off-road, treat yourself to a city bike tour of Whitehorse or the scenic trails that surround it. Carb-load the day before then keep your body fueled by eating light. Energy gels along the way will fuel muscles and replace electrolytes. Most important of all, drink water before you feel thirsty. Grab some ambitious pals and charter a chopper in Nelson, British Columbia, to take you and your mountain bikes to the trail of your choice in Kokanee Creek Provincial Park. Bring plenty of bug spray, a very light picnic then get ready for an epic descent and some envy-inducing selfies. Keep your weight on the pedals, not the handlebars, and try to brake as little as possible. Speed helps you take obstacles, while braking will wear you out. This trip will take about three days, but there are a few hostels where you can stop for some winks. Most cycling accidents happen between 6 and 9 p. But do be prepared for low-light conditions! Wear brightly coloured clothing, put reflective tape on your bike and helmet and install a strong, blinking headlight on the front and rear of your bike. If you dig flora and fauna, a ride across Finlayson Island is a must. What the heck do I wear? Look for moisture-wicking fabrics and layer in case of weather. The best part is that trails are marked according to level of difficulty. Start your ride at the campgrounds near Mossberry Lake then meander your way around keeping a lookout for elk, moose, bobcats and black bears. Keep it at bay by making sure your seat is in the right position, taking regular breaks every 15 minutes or so and never ever reuse a pair of bike shorts without a thorough washing.

Chapter 2 : 10 bike trips that will make you fall in love with Canada

A bicycle tour that "winds its way around Niagara. The terrain is gentle and the daily distances modest. Much of our route is on dedicated paths. 5 days riding, total distance km (mi), daily average 45 km (28 mi).

DAY 1 Meet in Whitefish. Meet us in the charming resort town of Whitefish, Montana, on a Saturday morning. Bicycle a lightly traveled scenic forest road toward Glacier National Park. Lunch beside the river, then pedal along lush alpine meadows. Stroll the shores of Lake McDonald this afternoon. Rest up in West Glacier for a big day tomorrow. Ride past waterfalls, evergreen forests, extraordinary snow-capped mountain scenery and sweeping vistas of glacial valleys. Enjoy the mountain views from the foothills of the majestic Rockies. DAY 3 Ride from St. Watch for elk, moose, and bighorn sheep as you cruise along the rolling prairie, overlooked by the craggy peaks of the Canadian Rockies. Stay tonight in charming Waterton townsite, a historic burgh grandfathered into the park. Pedal through the virgin evergreen forest of Banff National Park and beside the sparkling river to Lake Louise. Spend two nights here at Deer Lodge, a guest favorite. Turquoise Lake Louise is a sight to behold. Hike beside it up a well-maintained trail to a European style teahouse overlooking the Plain of Six Glaciers. Not up for a hike? Take a shorter walk, bicycle into adjoining Yoho National Park, get a massage Bicycle along the spectacular Icefields Parkway today. A gradual climb brings you to Bow Summit for lunch. Hike to Peyto Lake - another turquoise jewel - then descend between the peaks on a long, gradual downhill to the Saskatchewan River and our lodging for the night. Stop at Mistaya Canyon to watch the water from Peyto Lake rush through the narrow canyon on its way to the Saskatchewan River. Continue riding the Icefields Parkway amid stunning mountain scenery. The Icefield, a relic from the Ice Age, spans square miles with an estimated maximum depth of more than 1, feet. Get a close-up view of the famous Athabasca Glacier, a river of ice spilling from majestic peaks. Take a short hike to view Sunwapta Falls this morning. Following a final mile loop ride through the valley, head to Calgary International Airport, where you can depart for home.

Chapter 3 : Nova Scotia Bike Tours | Bicycle Tours in Canada

Level 1 tours will be mostly flat and daily distances will rarely exceed 30 km. Level 1 tours are suitable for beginner cyclists, those traveling by bicycle for the first time, or multi-generational groups with a desire for a nice and easy bike tour with plenty of opportunities to stop and enjoy the scenery.

Targeting Cookie Policy When you visit any web site, it may store or retrieve information on your browser, mostly in the form of cookies. This information might be about you, your preferences, your device or used to make the site work as you expect it to. The information does not usually identify you directly, but it can give you a more personalized web experience. You can choose not to allow some types of cookies. Click on the different category headings to find out more and change our default settings. However, you should know that blocking some types of cookies may impact your experience on the site and the services we are able to offer.

Strictly Necessary Cookies These cookies are necessary for the website to function and cannot be switched off. They are usually only set in response to actions made by you which amount to a request for services, such as setting your privacy preferences, logging in or filling in forms. You can set your browser to block or alert you about these cookies, but some parts of the site will no longer work. These cookies do not store any personally identifiable information. They help us know which pages are the most and least popular and see how visitors move around the site. All information these cookies collect is aggregated and therefore anonymous. If you do not allow these cookies, we will not know when you have visited our site.

None Functional Cookies These cookies allow the provision of enhance functionality and personalization, such as videos and live chats. They may be set by us or by third party providers whose services we have added to our pages. If you do not allow these cookies, then some or all of these features may not function properly.

Live Chat Targeting Cookies These cookies are set through our site by our advertising partners. They may be used by those companies to build a profile of your interests and show you relevant ads on other sites. They work by uniquely identifying your browser and device. If you do not allow these cookies, you will not experience our targeted advertising across different websites.

AdRoll Save Preferences Cancel Our website uses cookies to improve your experience and to bring you relevant advertisements only. You can learn more by reading our privacy policy.

Chapter 4 : Great Canadian Trails | Active Holidays in Canada

These cycling tours in Canada allow you to see the country's open spaces up close and at a leisurely pace. Canada has many scenic highways and quiet back roads that are perfect for the cyclist looking to enjoy the beauty of Canada as it passes by on these bike tours.

Experience the rugged wilderness of the Canadian Rocky Mountain Parks during the day while enjoying the warm, luxurious comfort of mountain lodges at night. Cycle lodge to lodge. Hearts will pound as you crest stunning mountain passes - offering unparalleled views of snow-capped peaks. Pedal past herds of elk and bighorn sheep, chance upon a grazing moose. Begin your exploration in Banff National Park, where towering mountains rise from the shores of turquoise-blue lakes. Cycle along the most spectacular road in Canada as you journey north to Jasper National Park. Gleaming glaciers, overwhelming vistas, enchanted forests and iridescent lakes. Day 1 Arrival in Canmore. This picturesque and authentic mountain town is enveloped by the majesty of the Canadian Rockies. The Paintbox Lodge is located in the center, close to superb restaurants and eclectic shopping. This paved pathway is a great introduction to Banff National Park. Arriving to Banff, additional options include riding up Tunnel Mountain and the oddly shaped Hoodoos or an easy loop up to Lake Minnewanka, one of the largest and deepest lakes in the Rockies. As you twist and climb along the Parkway take in the magnificent views of the Sawback, Sundance and the Massive mountain ranges. Upon arrival in Lake Louise, soak up the natural splendour, take a canoe onto the lake, or enjoy a short walk into the mountains. No longer accessible to cars, this bike route will take you over the continental divide where you can check out the monument that marks this watershed divide on the summit of the Kicking Horse Pass. Take in the Peyto Lake viewpoint, or stop for a short hike into the Mistaya Canyon. Tonight will be spent at the Crossing Resort. Look out for moose grazing on the succulent water-plants in the Rampart Pond area. Coast down to the foot of the glacier at the Columbia Icefield, where you will spend the night. Cycle past an ancient forest more than years old along the lower slopes of Mount Wilcox. Watch for mountain goats grazing on the precarious slopes of the Sunwapta Canyon gorge. Enjoy some time off your bike as you walk a short distance to the impressive Stanley Falls. In keeping with the rest of this tour, many magnificent viewpoints await your discovery - Mount Christie, Athabasca River and Whirlpool Valley. A short detour will take you to the thundering Athabasca Falls, set against the pink-purple cliffs of Mt. Arrive in Jasper - a burgeoning little town and the site of the earliest fur trade outpost in the central Rockies. Take a little time to explore the town before beginning your voyage home or onward to your next adventure. Just when we thought we had seen the most beautiful lakes, we saw lakes just as beautiful, but with a glacier and waterfall added! We liked the difficulty of the tour. The rivers and mountains made all the uphill a pleasure.

Chapter 5 : Bicycle Tours Canada. Bike tours Europe | Walking, hiking, sea Kayak

Find yourself mesmerized biking in the Canadian Rockies. Ride through Banff National Park and visit stunning Lake Louise, Moraine Lake & Bow Summit!

There is regularly scheduled air service to Calgary from across North America, with non-stop flights from all major Canadian and many US centres. Additionally, non-stop international flights are available from London and Frankfurt. Airport shuttle service to Banff from the Calgary Airport is available. Banff - This vibrant town is at the centre of some of the most scenic cycling routes found anywhere in the Rocky Mountain National Parks. Stroll about town searching for that perfect souvenir or visiting the excellent museums. If you arrive early, enjoy a warm-up cycle out to The Cave and Basin - the location of the first hot mineral springs discovered in Lake Louise - Pedal the scenic network of roads around Banff exploring Tunnel Mountain and the weirdly shaped Hoodoos. Add on a loop up to Lake Minnewanka, one of the largest and deepest lakes in the Rockies. As you twist and climb along the Parkway take in the magnificent views of the Sawback, Sundance and the Massive mountain ranges. Upon arrival in Lake Louise, soak up the natural splendour, take a canoe onto the lake, or enjoy a short walk into the mountains. No longer accessible to cars, this bike route will take you over the continental divide where you can check out the monument that marks this watershed divide on the summit of the Kicking Horse Pass. Columbia Icefield - Cycle along the splendid Icefields Parkway, soon cresting Bow Summit, the second highest point reached by a public highway in Canada. Take in the Peyto Lake viewpoint, or stop for a short hike into the Mistaya Canyon. Look out for moose grazing on the succulent water-plants in the Rampart Pond area. Coast down to the foot of the glacier at the Columbia Icefield, where you will spend the night. Jasper - Today you will encounter a variety of ecological riches on your way to Sunwapta Falls Resort. Cycle past an ancient forest more than years old along the lower slopes of Mount Wilcox. Watch for mountain goats grazing on the precarious slopes of the Sunwapta Canyon gorge. Enjoy some time off your bike as you walk a short distance to the impressive Stanley Falls. In keeping with the rest of this tour, many magnificent viewpoints await your discovery Mount Christie, Athabasca River and Whirlpool Valley. A short detour will take you to the thundering Athabasca Falls, set against the pink-purple cliffs of Mt. Arrive in Jasper a burgeoning little town and the site of the earliest fur trade outpost in the central Rockies. Depart at your leisure shuttle option back to Banff available.

Chapter 6 : Cycle Canada Tours

Don't just discover the Canadian Rockies. Explore them. Find your next adventure from Canmore to Banff in the Canadian Rockies. Learn more about our bike tours in the Rockies today!

Chapter 7 : "Canadian bicycle tours" Keyword Found Websites Listing | Keyword Suggestions

Travel with Us on a Canada Bike Tour. From the majestic peaks and glacial lakes of the Canadian Rockies to Nova Scotia's idyllic fishing villages, there's a wealth of natural and cultural treasures to be discovered north of the 49th parallel.

Chapter 8 : Rocky Mountain Cycle | Bike Touring and Cycling Adventure

Bicycle Tours/Trips in Canada. Find a Bicycle trip that explores Canada. There are 9 tours to choose from, that range in length from 4 days up to 9 days.

Chapter 9 : Road Bike Touring | Road Cycling Adventures

Canadian biking vacations in Nova Scotia and Prince Edward Island. Join one of our Canadian Maritimes bike tours to

DOWNLOAD PDF CANADIAN BICYCLE TOURS

discover the dramatic coasts of eastern Canada.